

Special Report: The key to developing a relentless attacking style

By Randy Simpson

Attack System wrestling is exciting wrestling...no doubt about it.

I love watching my Attack System athletes drive their opponent crazy with our relentless attacking style. It is great fun...and also **hugely** effective.

Truth is, most athletes can't do it and here's why...

they don't know what they are doing.

That may sound harsh but hear me out.

You shake the opponent's hand, the whistle blows...and then what?

If you ask a bunch of wrestlers what comes next, they say "see what happens", "react to the opponent", or "I don't know".

Now that's not a **relentless style**.

The key to developing your relentless attacking style quickly

It starts with this: Know exactly what to do as soon as the whistle blows.

Athletes here are trained to do it this way:

- First, Position yourself so you can't be attacked (See the other special report, The Secret to Always Winning the Position War).
- Next, put the opponent on defense and keep him there.
- Third, break his position using our exceptional handfighting system
- Fourth, attack relentlessly.

Backing up a few steps here....

The best method for putting your opponent on defense

Once the whistle blows, you want to circle, level change and fake shot while crowding his position (the exact and precise method for doing this, so he has no chance to attack and get to your legs, is covered in the camp you signed up for).

Breaking his position with exceptional handfighting

Anytime he puts his hands on you, he gives you a scoring opportunity.

We excel at hand fighting – it is a core skillset taught at every takedown camp. This skillset allows you to beat the opponent's position no matter what he does – and turn it into a scoring opportunity.

Attack Relentlessly

You will quickly develop skills to open up your opponent using our powerful set-up system that shows you exactly how to make the

opponent, and exactly how to attack him once you've beaten his position.

At Takedown Master Camp you will be trained specifically how to do all of the above...so you can attack relentlessly next winter.

Randy

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